

## HIDDEN RIVER OUTFITTERS



RECONNECT WITH THE OUTDOORS

Post Office Box 310  
Schwenksville, PA 19473  
(610) 287-7401  
[www.hiddenriveroutfitters.com](http://www.hiddenriveroutfitters.com)

### Kayak Instruction “Bring List”

#### Intro Tours & Instruction:

- Kayak\*
- Spray Skirt\*
- Paddle\*
- Personal Flotation Device (PFD)\*
- Water Shoes or Shoes that can get wet
- Change of clothes
- Bathing suit & Towel
- Water or beverage to drink
- Lunch or Snacks (most courses will last at least 4 hours)
- Proper Paddling Attire ( depends on weather and conditions)
  - NO COTTON
  - Fleece Pants or Athletic Training Pants
  - Fleece Top
  - Wind Breaker
  - Hat (Warmth & Sun Protection)
  - Paddling Pants – if you have them
- Sun Screen and Insect Repellent
- Cash for snacks or drinks
- Paper and Pencil for Notes

\* These will be provided if you make previous arrangements.